

Reaching U @SPC



The Southwark Pensioners' Centre is working hard on what is needed to reopen the Centre safely in the near future.

Currently, we still offer our excellent advice and support services by appointment over the phone.

Please call us at **020 7708 4556 or email:**

advice@southwarkpensioners.org.uk

These are some of the issues we can help you with:

Pensions

Employment

Transport

Benefits

Homelessness

Immigration

Housing

Debt

Consumer Issues

Energy saving advice (Wednesdays)

Homesearch bidding (Friday morning)

The following activities are run using the Zoom online service. To join, please phone or email:

operations@southwarkpensioners.org.uk

**Tuesdays Fortnightly
2-4pm**

Local History Group

13th October "Past and Present Campaigns in Peckham Town Centre", Eileen Conn, Peckham Historian and Activist.

**Friday 10.15am for
10.30am – 12.15pm
(1st Friday of the month)**

**Southwark Pensioners
Action Group (SPAG)**

**6th November:
'Housing', with guest
speaker: Cllr Leo Pollak**

**Friday
12.30pm - 1.30pm**

Chi Kung

**Deep breathing / relaxation
with slow and gentle
movements.**