

Warm and Well in Winter Small Grants Programme 2022



Age UK Lewisham & Southwark's Warm and Well in Winter Programme provides support and advice for older people in Southwark on how to maintain their independence, safety, wellbeing and provides information on easy access to services to support vulnerable older people through the winter months.

As part of the project, we have small grants available for local organisations and groups (including Tenants and Residents Associations, local businesses and faith groups) towards the cost of one-off events, or to start up an activity group they would like to host in the community to reach vulnerable older people who live in Southwark this winter. Through the event or activity, our Warm and Well in Winter Programme team and partners will be able to reach more older people and ensure they receive the information and support they need to keep well this winter.

Grants criteria

Grants will only be awarded to organisations, businesses and groups that are based in Southwark and that work with older people, particularly those with pre-existing and long-term illnesses and chronic medical conditions; including dementia, learning disabilities, mental health problems, arthritis, limited mobility or otherwise at risk of falls, or who, are living in deprived circumstances including those at risk of fuel poverty or at risk of social isolation.

One-off event or start up activity groups that we will fund will be ones that will:

1. reduce social isolation amongst older vulnerable people
2. link people into services ~~and~~
3. support with income maximisation
4. provision of hot meals or food parcels
5. take place within the London Borough of Southwark

All successful applicants will be required to:

1. collect keeping Winter Warm and Well packs from Age UK Lewisham and Southwark office, and hand them out at your event.
2. to provide a brief evaluation based on the aims of the project and how the ~~if~~ activity has achieved these outcomes within two weeks after the event took place:
 - Empower self- management (including through the provision of Winter Warm and Well bags)
 - Reduce social isolation and support well-being thorough connecting people to their local community and services for hot meals and socialising, encouraging people to volunteer and network.

'Improving life for older people in Lewisham and Southwark'

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- Promote health and Safety at home with information and advice (such as energy advice, cooking and eating nutritious meals), and links to practical support.

Successful applicants will be expected to return Warm and Well in Winter Event/Activity Evaluation form within two weeks after their event/activity took place. We also encourage groups to organise intergenerational events as they have been more successful in previous programmes.

The small grants are available for up to £500. We welcome joint applications from groups/organisations and businesses for larger grants.

To apply for a small grant please contact Natasha Bernard -(Warm and Well in Winter Delivery Manager) – natasha.bernard@ageuklands.org.uk

Applications can be sent anytime from 10 January 2022 until 19th February 2022.

All events and evaluation forms must be completed and send back to Age UK by March 12th 2022.

The small grants will be allocated on an on-going basis; therefore, we recommend that you send your application form back as soon as possible.

You can also send it by post to:

Warm and Well in Winter Programme,
Age UK Lewisham & Southwark
Stones End Centre, 11 Scovell Road
London, SE1 1QQ

If you have any queries or require support in completing your application our programme co-ordinator is available Wed- Fri between 9am and 5pm on 07709239867